



The MetroHealth Spring Symposium: A Roundtable Discussion with Medical Experts Presented by the Advanced Practice Provider Council at MetroHealth
Friday, May 8, 2026
Scott Auditorium

- 7:15 AM** **Registration & Breakfast**
- 7:45 AM** **Opening Remarks and Presentation of the APP Spring Grant Winners**
- 8:00 AM** **Obstructive Sleep Apnea**
Dania Saleh, PA-C, ENT
John Carter, MD, Sleep Medicine
James Ramson, APRN-CNP, Cardiology
- 9:15 AM** **Pediatric Diabetes**
Holly Babura, APRN-CNP, Nephrology
Barbara Lightner, APRN-CNP, Pediatrics
Ajuah Davis, MD, Pediatrics Endocrinology
- 10:30 AM** **Break for Vendors / Posters Session**
- 11:00 AM** **Spine Diagnosis and Treatments**
Brooke Ekers, PA-C, Neurosurgery
David Ben-Israel, MD, Neurosurgery
Toni Wilcox, APRN-CNP, PM&R / Pain Management
- 12:15 PM** **Lunch / Vendor Visit**
- 1:30 PM** **Case Presentations**
Jennifer Richardson, PA-C, Trauma Surgery/EGS
Tina Corkwell, APRN-CNP, Gastroenterology
Clairissa Rodriguez, APRN-CNP, Neuro Critical Care
- 2:30 PM** **Break for Vendors / Poster Session**
- 3:00 PM** **Mental Health for APPs, Burnout, and Self Care**
Anastasia Webb, MA, LPCCS, LICDC, CEAP, Director of Employee Assistance Program & Wellness
Lori-Anne Schulte-Laird, DNP, APRN-CNP, Psychiatry
Lisa Ramirez, PhD, Psychology
Angela Smith, APRN-CNP, Psychiatry / Addiction Medicine
- 4:15 PM** **Closing Remarks & Evaluation**

Times and order are subject to change

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